

LECTURE #18

WOMEN COUNSELING WOMEN

I. THE KEY TO A GODLY, FULFILLING, AND HAPPY LIFE IS THE KNOWLEDGE OF THE TRUTH.

- A. Instruction in God's Word leads to _____ (2 Tim. 2:25) and knowledge of the _____ (Titus 1:1).
- B. "Then you will know the truth and the _____ will set you _____." John 8:32
- C. "I am the _____, the _____, and the _____, no one comes to the Father except through me." John 14:6
- D. "Sanctify them by your _____, your Word is _____." John 17:17
- E. "Word" is synonymous with Jesus. John 1:1 – Know the "person" of Jesus through knowing the "Word" of God.
- F. "We know also that the Son of God has come and has given us understanding so that we know Him who is _____." 1 John. 5:20

II. WORLDY WISDOM VERSUS GODLY WISDOM.

- A. "But the wisdom that comes from heaven is first of all pure, then peace-loving, considerate, submissive, full of mercy and good fruit, impartial, and sincere. James 3:17
- B. "His divine power has given us everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness." 2 Pet. 1:3
- C. Worldly wisdom does not lead to godliness but to prideful boasting in what one has and does, to envy and selfish ambition, disorder and every evil practice. James 3:13-18

III. GETTING EQUIPPED TO COUNSEL WOMEN.

- A. There's hope for answers to all of life's problems.

- B. "All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness so that the man of God may be thoroughly equipped for every good work." 2 Tim. 3:16-17
 - 1. Pursuing NANC _____
 - 2. Attend seminars on Biblical Counseling
 - 3. _____ recommended books
 - 4. Study and _____ Scriptures
 - 5. _____ Biblical Counseling

IV. SEE THE "BIG PICTURE" – GOD CENTERED VIEWPOINT.

- A. We are being built together to become a dwelling in which God lives by His spirit. Eph. 2:22

- B. Problems of life take on _____ perspective.

- C. _____ grows.

- D. Encourage others to experience the peace that passes understanding and the "abundant life" that Jesus spoke about in John 10:10.
 - 1. Abundant Life – what is it?
 - a. Is it psychological _____?
 - b. Material prosperity?
 - c. A good _____?
 - d. Freedom from _____?

2. Abundant Life is found in the pursuit of God-honoring _____ . Matt. 5-7

- a. _____ of spirit
- b. Mourning over _____
- c. Hungering and thirsting for righteousness
- d. Freedom from _____ of sin
- e. Filled with the Holy Spirit
- f. Focused on _____ God

3. Instead of man-centered philosophies (“love yourself more”, “assert yourself”), 1 Cor. 1, 2.

- a. Get to know God and why He _____ us.
 1. He created us with eternity in mind. Eph. 1; 2 Cor. 5:5
 2. He knows every detail of our lives, every thought and hidden motive. Ps. 139; Jer. 17:10; Heb. 4:12
 3. He created man in His image to reflect His glory. Gen. 1:27
 4. He _____ Himself to us. Ps. 119
 5. We were created to _____ Him. Matt. 22:37, Ex. 20:1-6
- b. Get to know God’s purpose for creating _____.
 1. To be a _____ for her husband. Gen. 2:18
 2. To rid him of his _____.
 3. What every Christian woman should seek to become (what every man would desire to have) – explained in Prov. 31 – God’s definition of an excellent woman.
 - a. Describes her _____ as a wife and mother
 - b. _____ as a neighbor
 - c. _____ as a teacher
 - d. _____ as a mother

- e. _____ as a person
- f. A _____ from God, a priceless treasure
4. God's design for a _____ – to humbly submit to her own husband as unto the Lord. (Marital conflict most often results from disobedience to commands of God in regard to roles of husbands and wives.)
5. God's design for a _____ .
Titus 2:4
- a. Love your _____ – a command from God.
1. He does not command us to have a _____, but to _____. Love is an action – sacrificial giving of oneself for the good of another. Rom. 5:8
 2. Submission is easier if you love your husband (biblically).
- b. Love your _____. 1 Tim. 2:15
1. By raising godly children it reverses the stigma of the curse for having led the race into sin, as Eve did.
 2. A woman's _____ has a profound effect on her children.
 3. Fulfillment in rearing godly children – this is by God's design.
- c. Learn to _____ right, use common sense
- d. Be _____, chaste, virtuous
- e. Be _____ to husband in every way
- f. Dress _____. 1 Tim. 2:9-10;
1 Pet. 3:1-6
- g. Learn _____ - _____
- h. Concentrate on _____ they are, not on _____ they look
- i. Be _____ at home – her domain = her divine assignment

** When people _____ God's blueprint He provides the

resources and the means to enable them to obey Him.

6. God's design for an _____
(past the age of child-rearing)
 - a. No such thing as _____
 - b. She now has time for _____ in the church: help younger woman learn to follow the pattern of Prov. 31 and Titus 2.

V. TITUS - _____ LETTER

- A. Repeats over and over – learn to do what is _____ - why?
 1. To make the teaching about God our Savior _____
 2. So the Scriptures will be _____
 3. So the Gospel will be _____
- B. Priorities for women summed up
 1. Priority #1 – Love God with all your heart, soul, and strength and _____ Him in everything.
 2. Priority #2 – Then love your husband and _____ put yourself under His protection and leadership, submit as unto the Lord.
 3. Priority #3 – Teach your children to live _____ lives
 4. Priority #4 – Make your home a welcome haven for your family
 5. Priority #5 – Show _____
 6. Priority #6 – Enjoy _____ in the church without compromising other priorities
 7. Priority #7 – Use your _____ for the honor and glory of God
- C. Problems result when we don't submit to God's _____ for our lives.
 1. Our own sinful rebellion
 2. Being sinned against and our wrong responses
 3. A sinful world that affects us personally
- D. No matter what the problem, or who's fault it is, God has an

_____.

1. There is great _____ for people because of this
2. We are not _____ of our circumstances
3. God _____ over sin
4. Jesus came to _____ the devil's work. 1 John 3:8

E. Goal of Biblical Counseling

1. God is _____ - in control of all circumstances
2. To _____ us to the likeness of Jesus Christ. Rom. 8:28-29
3. Learn that the trials of life are God's classroom for _____.
James 1:1-8; Heb. 12:1-14; 1 Pet.
4. Learn to _____ God in the midst of trials.

F. Same gender counseling

1. Theme of Titus – do good, not anything to _____ the Word of God.
2. Long-term counseling should be with same gender, to encourage godliness and protect reputations.
3. Paul instructs Titus to find _____ women to instruct in sound doctrine.
4. Women leaders are to help the younger women to live godly lives.

RESOURCES

"The Fulfilled Family" – John MacArthur

"Women Helping Women" – Elyse Fitzpatrick and Carol Cornish

"The Excellent Wife" – Martha Peace